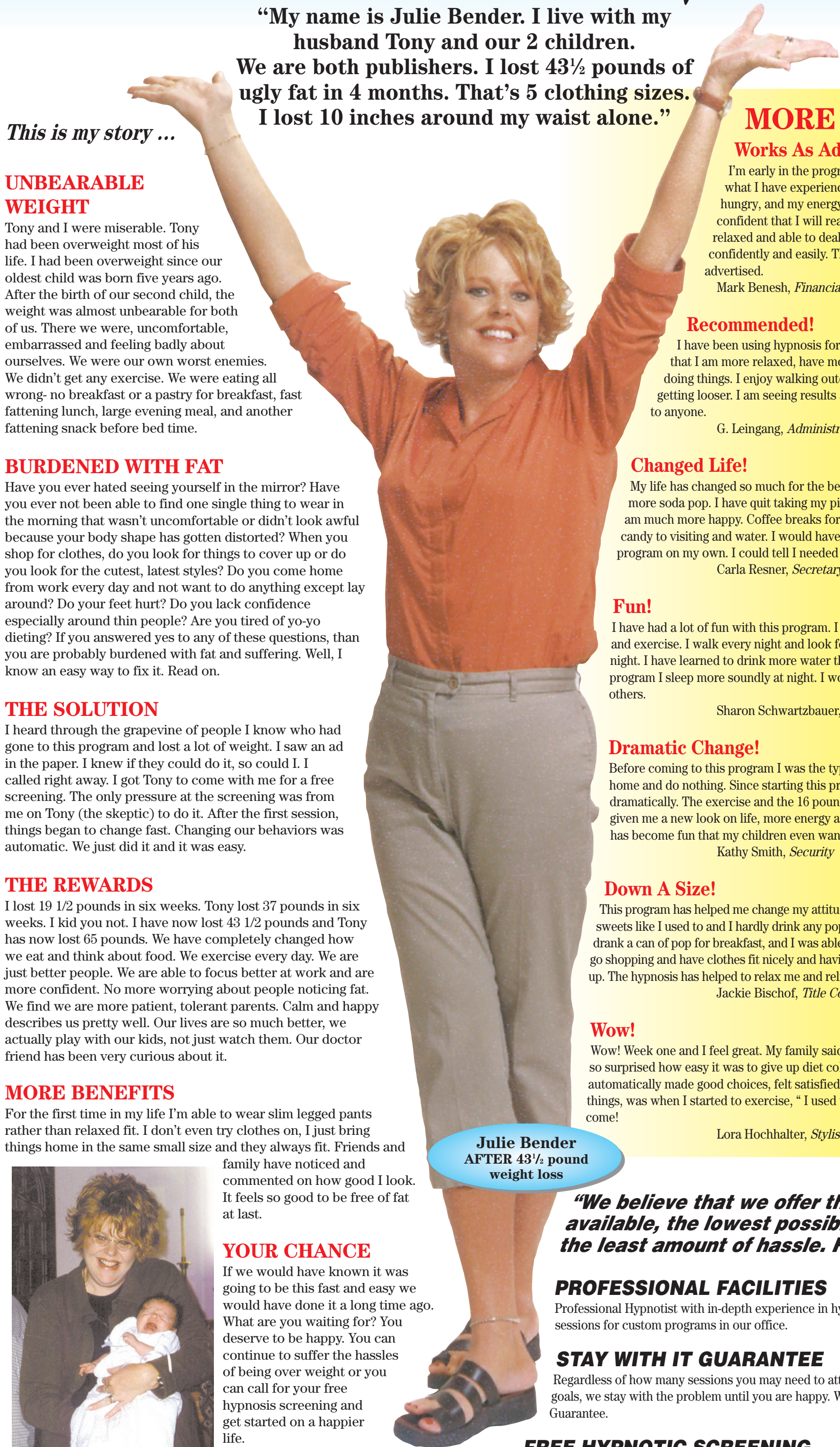


*Woman reveals...*  
**WOW! I lost 43½ pounds *easily* in 4 months!**



**“My name is Julie Bender. I live with my husband Tony and our 2 children. We are both publishers. I lost 43½ pounds of ugly fat in 4 months. That’s 5 clothing sizes. I lost 10 inches around my waist alone.”**

*This is my story ...*

**UNBEARABLE WEIGHT**

Tony and I were miserable. Tony had been overweight most of his life. I had been overweight since our oldest child was born five years ago. After the birth of our second child, the weight was almost unbearable for both of us. There we were, uncomfortable, embarrassed and feeling badly about ourselves. We were our own worst enemies. We didn’t get any exercise. We were eating all wrong- no breakfast or a pastry for breakfast, fast fattening lunch, large evening meal, and another fattening snack before bed time.

**BURDENED WITH FAT**

Have you ever hated seeing yourself in the mirror? Have you ever not been able to find one single thing to wear in the morning that wasn’t uncomfortable or didn’t look awful because your body shape has gotten distorted? When you shop for clothes, do you look for things to cover up or do you look for the cutest, latest styles? Do you come home from work every day and not want to do anything except lay around? Do your feet hurt? Do you lack confidence especially around thin people? Are you tired of yo-yo dieting? If you answered yes to any of these questions, than you are probably burdened with fat and suffering. Well, I know an easy way to fix it. Read on.

**THE SOLUTION**

I heard through the grapevine of people I know who had gone to this program and lost a lot of weight. I saw an ad in the paper. I knew if they could do it, so could I. I called right away. I got Tony to come with me for a free screening. The only pressure at the screening was from me on Tony (the skeptic) to do it. After the first session, things began to change fast. Changing our behaviors was automatic. We just did it and it was easy.

**THE REWARDS**

I lost 19 1/2 pounds in six weeks. Tony lost 37 pounds in six weeks. I kid you not. I have now lost 43 1/2 pounds and Tony has now lost 65 pounds. We have completely changed how we eat and think about food. We exercise every day. We are just better people. We are able to focus better at work and are more confident. No more worrying about people noticing fat. We find we are more patient, tolerant parents. Calm and happy describes us pretty well. Our lives are so much better, we actually play with our kids, not just watch them. Our doctor friend has been very curious about it.

**MORE BENEFITS**

For the first time in my life I’m able to wear slim legged pants rather than relaxed fit. I don’t even try clothes on, I just bring things home in the same small size and they always fit. Friends and family have noticed and commented on how good I look. It feels so good to be free of fat at last.



**Julie Bender  
BEFORE 43½ pound weight loss  
with hypnosis**

**YOUR CHANCE**

If we would have known it was going to be this fast and easy we would have done it a long time ago. What are you waiting for? You deserve to be happy. You can continue to suffer the hassles of being over weight or you can call for your free hypnosis screening and get started on a happier life.

**Julie Bender  
AFTER 43½ pound  
weight loss**

***“We believe that we offer the best service available, the lowest possible cost, with the least amount of hassle. Here’s why...”***

**PROFESSIONAL FACILITIES**

Professional Hypnotist with in-depth experience in hypnosis provides individual sessions for custom programs in our office.

**STAY WITH IT GUARANTEE**

Regardless of how many sessions you may need to attain your desired results and goals, we stay with the problem until you are happy. We offer a Written Service Guarantee.

**FREE HYPNOTIC SCREENING**

We give a 30-40 minute screening. It’s fun and informative. We will give you an honest and in depth explanation of hypnosis and evaluate your situation. If we do not feel hypnosis will benefit you, we will tell you so. Call now and make an appointment for your screening.

**WEIGHT LOSS • SMOKING • SELF CONFIDENCE**

*Individual results vary.  
Endorsements produced by clinics using McFall method of hypnosis training*

**MORE RESULTS....**

**Works As Advertised!**

I’m early in the program, but I feel very good about what I have experienced so far. I’m not constantly hungry, and my energy level is much greater. I feel confident that I will reach my goals. I’m much more relaxed and able to deal with every day stresses confidently and easily. This program is working as advertised.

Mark Benesh, *Financial Services Rep.*

**Recommended!**

I have been using hypnosis for about 7 weeks now and I find that I am more relaxed, have more energy and look forward to doing things. I enjoy walking outdoors and how my clothes are getting looser. I am seeing results and highly recommend hypnosis to anyone.

G. Leingang, *Administrative*

**Changed Life!**

My life has changed so much for the best, my clothes fit better, and no more soda pop. I have quit taking my pills that I was on for depression. I am much more happy. Coffee breaks for me have gone from pop and candy to visiting and water. I would have never gone on a weight loss program on my own. I could tell I needed help and got some.

Carla Resner, *Secretary*

**Fun!**

I have had a lot of fun with this program. I learned the correct way to eat and exercise. I walk every night and look forward to it each and every night. I have learned to drink more water than I used to. By doing this program I sleep more soundly at night. I would recommend this program to others.

Sharon Schwartzbauer, *Dispatcher*

**Dramatic Change!**

Before coming to this program I was the type of person to go to work, come home and do nothing. Since starting this program, my life has changed dramatically. The exercise and the 16 pound weight loss in 6 weeks has given me a new look on life, more energy and for once in my life exercise has become fun that my children even want to exercise with me.

Kathy Smith, *Security*

**Down A Size!**

This program has helped me change my attitude toward eating. I do not crave sweets like I used to and I hardly drink any pop. For at least fifteen years I drank a can of pop for breakfast, and I was able to kick that habit. It is so nice to go shopping and have clothes fit nicely and having to go down a size instead of up. The hypnosis has helped to relax me and relieve my stress level.

Jackie Bischof, *Title Co. Management*

**Wow!**

Wow! Week one and I feel great. My family said I look 20 pounds thinner. I was so surprised how easy it was to give up diet coke and drink lots of water. I automatically made good choices, felt satisfied with good foods, and best of all things, was when I started to exercise, “ I used to hate it.” Look out world here I come!

Lora Hochhalter, *Stylist*

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